



REVIEW ARTICLE

VANGA(LEAD) CHATTHU MOOLIGAIGAL: A LITERATURE REVIEW

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ABSTRACT

Objective: In Siddha system of medicine, eventhough minerals are purified by specific purification process called suddhi and made into non toxic medicines after undergoing many flawless, specialized preparation techniques, a medicine containing minerals is remaining as a frightening agent in the view of common people. To overcome this, herbs which have the efficacy of lead minerals have been searched for.

Method: Literature review.

Keywords:

VangSam, Lead,

Mooligaigal,

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INTRODUCTION

Siddha System of Medicine is an invincible system of medicine created by Siddhars. Besides herbs, minerals and animal products are also in use in the preparation of Siddha formulations.

“Vaerpaaru thazhaipaaruu minjinakkaal
Mella mella parpa chendooram paarae”

In the above verse, Siddhars have advised to use herbal medicines initially to cure diseases and to prescribe *Parpam* and *Chendooram* made from minerals if the disease poses a challenge even after the administration of herbs. Siddhars are the only enlightened scientists, who threw light on the existence of minerals in plants, even in those olden days and explained their effective usage in the place of minerals to treat various ailments

Vanga (Lead) Chatthu Mooligaigal

Vangam (Lead)

- Lead
- Latin Name: Plumbum

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- Symbol: Pb
- Other Names:

Karuvangam, Eeyam, Kaareeyam, Karunaagam, Seesam.

- Panchabootham: Neer
- Suvai: Kaippu (Bitter)
- Thanmai: Veppam (Hot)
- Pirivu: Kaarppu (Pungent)



USES

Vangam (Lead) plays a major role in treating,

- Akki (Herpes zoster)
- Kutha Viranam (Anal Diseases)
- Mega Kiranthi (Venereal Ulcers, initially)
- Plant Poisons

- Kartthabi Viranam
- Gunmam (Acid Peptic Disease)
- Soolai (All Pricking Pains)
- Meghappini (Venereal Diseases)
- Piramegham (White Discharge)
- Peruvaiyiru (Ascites)
- Paandu (Anaemia)
- Netthira Pini (Eye Diseases)
- Viranam (Ulcers), Suram (Fever)
- Vaayu and Uppisam.



SEETHAI

- Ponnaanganni
- Botanical Name: *Alternanthera sessilis*
- Family: Amaranthaceae
- English Name: Sessile joyweed
- Dwarf Copper Leaf
- Other Names: Koduppai



Vellai sar vaelai

- Satti Charanai
- Botanical Name: *Trianthema decandra*
- Family: Aizoaceae
- English Name: Many stamen horse purslanes
- Other Names: Vellai Charanai
- Vellai Chaaradai
- Satti Chaattaranai
- Chaaranaatthi
- Chaaru Vaelai



Mutthirukkan Sevi

- Nilakkadambu
- Botanical Name: *Asarum europaeum*
- Family: Aristolachiaceae
- English Name: Asarabacca
Hazelwort
- Other Names: Kokanam, Kuyakkalam, Kuyakaayam, Nilakatam.



Paadhugai

- Siru Seruppada
- Botanical Name: *Glinus lotoides*
- Family: Aizoaceae
- English Name: Damascisa
- Lotus Sweet juice
- Other Names: Siru Seruppadi
- Seruppadi



Mustthai

Koraikkizhangu

Botanical Name: *Cyperus rotundus***Family:** Cyperaceae**English Name:** Nut grass

Coco grass

Purple nut sedge

Other Names: Muthakasu

(Kothil) Surai

Suraikkaai

Botanical Name: *Lagenaria siceraria***Family:** Cucurbitaceae**English Name:** Bottle gourd
Bitter bottle gourd
Bitter calabash gourd**Other Names:** Kaattu surai
Paei surai**SEENTHIL**

Amirthavalli

Botanical Name: *Tinospora cordifolia***Family:** Menispermaceae**English Name:** Heart leaved moon seed
Guloncho tinospora**Other Names:** Somavalli, Amirthai,
Amirthakkodi, Kundali.**VIZHUTHI**

Veezhi

Botanical Name: *Cadaba trifoliata***Family:** Capparaceae**English Name:** Indian olk
Three leaf cadaba**Other Names:** Manudukkurundu
Purna**SIRUPEELAI**

Sirukannpeelai

Botanical Name: *Aerva lanata***Family:** Amaranthaceae**English Name:** Mountain knot grass**Other Names:** Kannpeelai
Karbaedhi
Paasaanabaedhi**Vellarugu**

Vallaari

Botanical Name: *Enicostemma axillare* /*Enicostemma littorale*

Family: Gentianaceae

English Name: Indian white head



Conclusion

Vangam (lead) are wonderful medicines for curing varied serious ailments. Herbs that are described as vanga chatthu mooligaigal by siddhars, can be administered in the place of vangam (lead) respectively to cure those serious ailments.

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