



RESEARCH ARTICLE

MYOEPIHELIAL TUMOR OF THE SOFT TISSUES OF THE THIGH: A CASE REPORT

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ABSTRACT

Myoepithelial soft tissue tumors often pose diagnostic challenges due to their rarity. Their identification relies primarily on pathological analysis, although clinical and radiological features can guide the healthcare professional. Myoepithelial tumors, when benign, generally do not invade bone. In this context, we present a new case of this rare pathology, observed in the soft tissues of the thigh of a 32-year-old individual, with no bone involvement detected. Surgery was completely successful, and after one year, the patient showed a favorable evolution, with no signs of local recurrence. It should be noted that myoepitheliomas mainly affect the extremities. When they are deep-seated, it is essential to distinguish them from extraskeletal myxoid chondrosarcomas, parachordomas and synovial sarcomas. The majority of myoepitheliomas are benign in nature, although metastasis is a possibility.

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INTRODUCTION

Myoepithelial tumors of the soft tissues occur at all ages, reaching a peak in incidence between the third and fifth decades, with a slight predominance in men. Around a third of cases reported in the literature involve the lower limb (1). Of these tumors, 60% are subcutaneous and 40% are deep-seated (intramuscular and subfascial). The risk of local recurrence is estimated at around 20%. A series of 101 myoepithelial soft-tissue tumors was published by Hornick and Fletcher, of which only 11 cases were localized to the thigh (2). The cases documented in the literature systematically describe the discovery, during medical consultations, of masses with classic features, progressive growth, indolence and absence of bone invasion.

Patient and observation

A young man aged 32, a former chronic smoker with an average consumption of 5 packs per year, who had quit 3 years ago, presented with a bulky soft-tissue enlargement in the right thigh for 9 months. This mass progressively increased in size, without the presence of other systemic symptoms such as fever, chills, night sweats, or unexplained weight loss.

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He had no personal or family history of cancer, and no previous surgeries. Physical examination revealed a round, soft subcutaneous mass in the lower third of the inner aspect of the right thigh, measuring 10 cm in length, well delimited, of soft consistency and not painful to the touch. The mass was mobile in relation to the deep and superficial planes. The adjacent skin was supple, without adherence to the mass, and showed no telangiectasia or ulceration, with joint amplitudes maintained. Magnetic resonance imaging (MRI) of the right thigh revealed a roughly oval mass within the right gracilis muscle. This mass was well circumscribed, presenting punctiform areas in hyposignal and showing marked intensification after gadolinium injection. Notably, the lesion remained clearly delimited by the gracilis muscle fascia, with no extension to other muscle compartments, and no evidence of bony abnormality (Figure 1). A biopsy of the mass was performed, suggesting the possibility of two diagnoses: either a low-grade fibromyxoid sarcoma, or a myoepithelial soft-tissue tumor (Figure 2). The mass was completely removed (Figure 3) and (Figure 4). Histopathological analysis confirmed the diagnosis of soft-tissue myoepithelial tumor. Excision was complete, with healthy margins, and post-operative recovery was straightforward. Following discussions in the medical team, it was recommended that the patient be monitored every six months by nuclear magnetic resonance imaging (MRI) and clinical examination, with no need for additional chemotherapy or radiotherapy. Six-month and one-year follow-ups revealed no local recurrence or metastatic lesions.

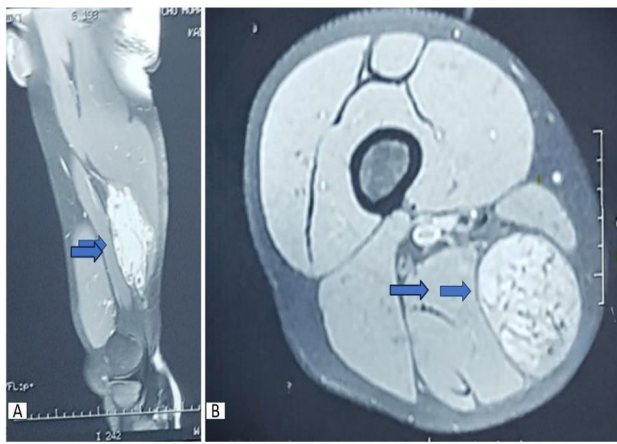


Figure 1. Magnetic resonance imaging scan (A): sagittal image showing a relatively well-defined oval-shaped tumour in the posteromedial side of the right thigh (B): coronal image also showing the mass in the subcutaneous fat layer



Figure 2. Intraoperative image of the biopsy taken for anatomopathological study



Figure 3. Intraoperative view of tumor excision

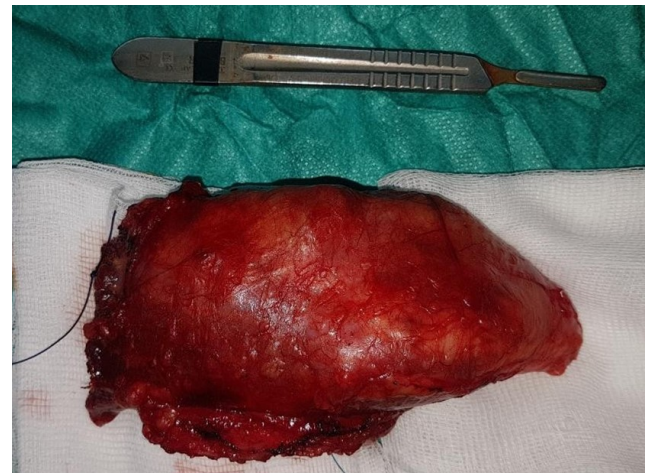


Figure 4. Intraoperative view of tumor excision

DISCUSSION

Soft tissue myoepitheliomas remain uncommon, but their characterization has improved considerably over the last decade (3). The very first report of this pathology was published in 1997 (4). Published case series indicate a distribution over a wide age range, with peak incidence between the third and fifth decades, and a slight male predominance (1). The majority of reported cases, nearly two-thirds, occur in the extremities (38% in the lower limbs and 27% in the upper limbs), with only a few cases localized to the thigh. Other sites include the head and neck region (16%), the trunk (13%), and visceral soft tissues (6%) (2). Average tumor size ranged from 1 to 7 cm (1). Observations have also revealed a correlation between bone involvement and a malignant form of the tumour. Interestingly, soft tissue myoepithelial tumors in children tend to be more malignant and aggressive than those observed in adults (5).

The diagnosis of myoepithelioma is based on the combined evaluation of morphological features and supportive immunohistochemical findings. Microscopically, the structure of this tumor is composed of lobular, multinodular, reticular, solid or mixed patterns, with or without very limited epithelial differentiation. Neoplastic myoepithelial cells may present a diversity of morphological features, including spindle-shaped, ovoid, plasmacytoid, epithelioid or clear cells. The composition of the stroma is also variable, and may present as hyalinized, myxoid, or with various forms of mesenchymal metaplasia (2-6-7-8). Once the diagnosis of myoepithelioma has been considered, confirmatory immunohistochemical analyses may prove useful. Tumor cells generally show positivity for epithelial markers such as cytokeratins, epithelial membrane antigen, and S100 protein, with variable expression of GFAP, P63, and myogenic markers such as smooth muscle actin, desmin, and h-caldesmon (2-10). On the molecular level, the detection of a reorganization of the EWSR1 gene, which can be easily identified by FISH analysis, can be a powerful diagnostic tool in complex cases (9). As far as imaging tests are concerned, the authors consider that radiological diagnosis relies mainly on MRI, which generally reveals (11), in T2 weighting, a globally increased and heterogeneous signal, with hyposignal in the lobular septa. The authors wish to review the histological diagnosis and assess severity, aware of the potential for concern for both patient and practitioner. Soft-

tissue myoepitheliomas generally exhibit benign behaviour, albeit with a relatively low and unpredictable risk of local recurrence (11). However, the presence of features such as necrosis and even moderate atypia on histology necessitates classifying these lesions as myoepithelial carcinomas (12). It is crucial to distinguish these malignant myoepithelial soft tissue tumours from myoepitheliomas present in the salivary glands and mammary gland (13), as they can be potentially fatal (14), although chemotherapy has been shown to be effective (15). Studies indicate that lesions smaller than 4 cm tend to be rather benign, in contrast to lesions larger than 6 cm (12-13-14). Thus, in our case, the lesion was considered to have a low degree of malignancy. The criteria for malignancy in soft-tissue myoepithelioma are still a matter of debate; the most important histological feature for predicting potentially aggressive behavior remains the presence of cytological atypia (6-10). Other clinicopathological parameters such as patient age, status of excisional margins, tumour depth, tumour size, infiltration into surrounding

tissues, presence of tumour necrosis, and mitosis rate do not correlate statistically significantly with recurrence or metastasis (7-10). In most situations, soft tissue myoepithelial neoplasms can be effectively treated by simple complete excision. Nevertheless, their prognosis remains ambiguous, although the majority appear to present with benign behavior. A case series by Michal and Miettinen (16) reported two patients with local recurrences and one death attributable to multiple pulmonary metastases. Notably, the recurrent tumors showed histological similarity to the original neoplasms. In our case, after 12 months of follow-up, no indication of tumor recurrence or metastasis was observed. It is plausible that the optimal approach, similar to that for salivary gland myoepitheliomas, is extensive local excision with healthy resection margins. In addition, various differential diagnoses, such as extraskeletal myxoid chondrosarcomas, parachordomas and synovial sarcomas, need to be considered. However, pathological examination confirmed the nature of the case as a soft tissue myoepithelioma.

CONCLUSION

We encourage authors and ourselves to document cases of limb myoepitheliomas. The aim is to expand the references available on this complexly diagnosed tumour, and to facilitate, through patient follow-up, a better understanding of its local evolution, as well as the documentation of any recurrences.

Conflict of interest: The authors declare that they have no conflict of interest.

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